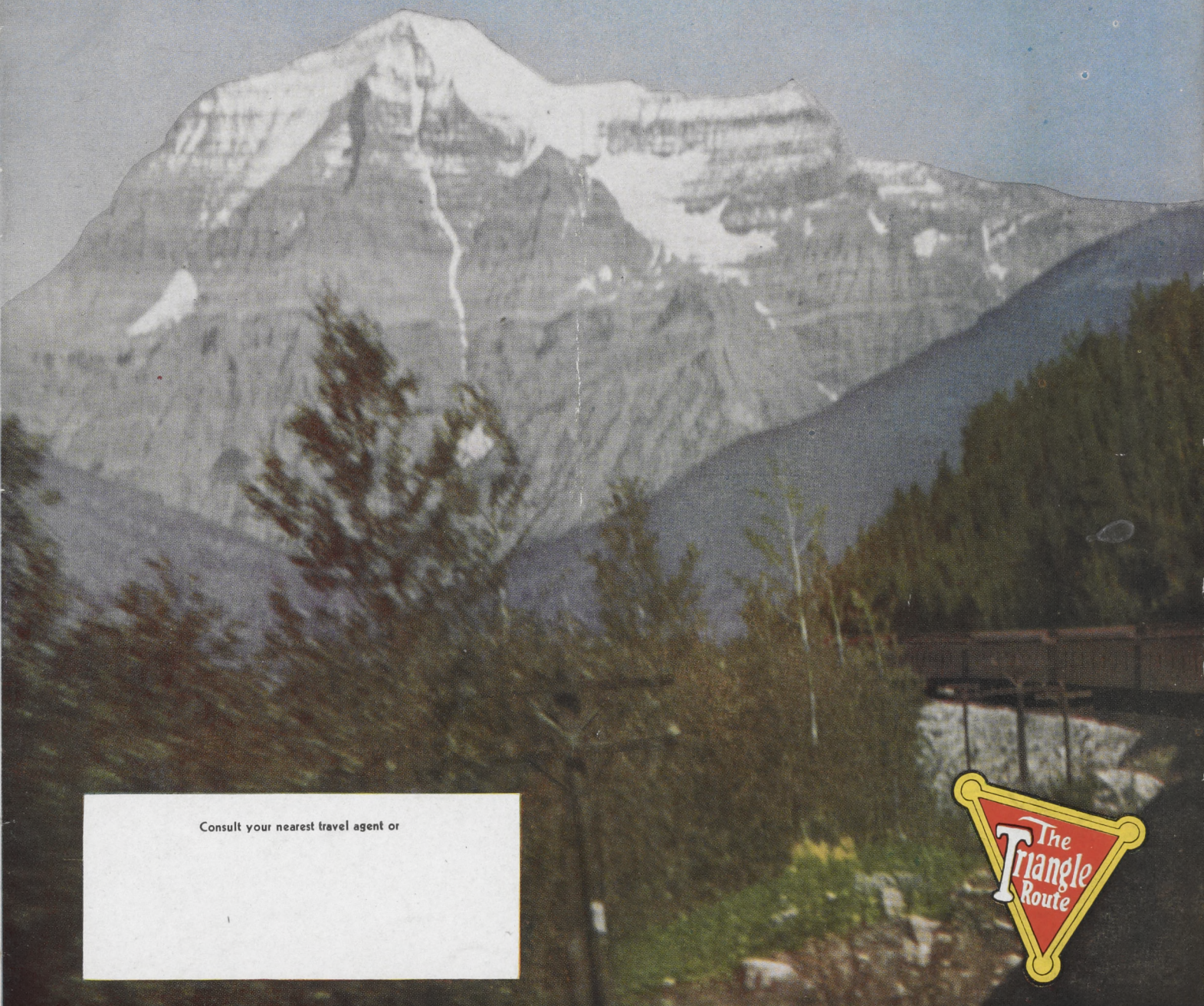


CANADIAN ROCKIES

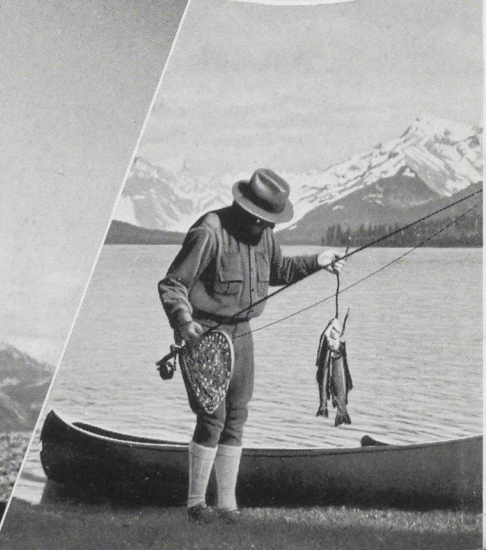
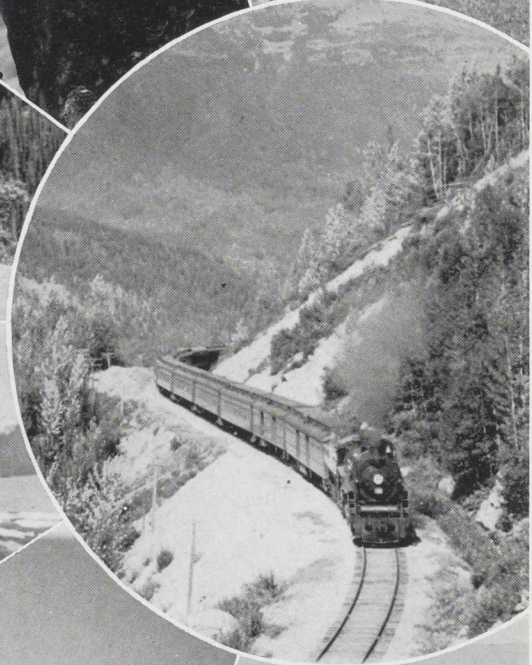
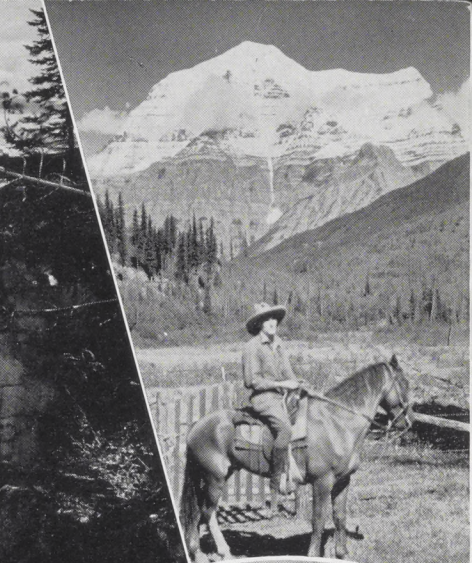
AND THE PACIFIC COAST



Consult your nearest travel agent or



CANADIAN NATIONAL *to Everywhere in Canada*



CANADIAN ROCKIES

Extending north from the international boundary for more than 400 miles in British Columbia and the western part of Alberta are the breath-taking Canadian Rockies, marshalled into a phalanx of closely set mountains sweeping on in substantial unity.

Those who have experienced the spell of this region know how inadequately words express its charm; to them come new delights with each recurring visit—delights shared with the newcomer and amplified in the sharing.

In this unspoiled alpine kingdom, hallowed by history, by Indian legend, and by the romance of the fur traders, are tremendous peaks that lift their heads beyond the clouds and black canyons that brace their feet in unimaginable depths; glaciers that creep down from the frozen desolation of alpine heights and the black walls of precipices rising to shut out the very light of day.

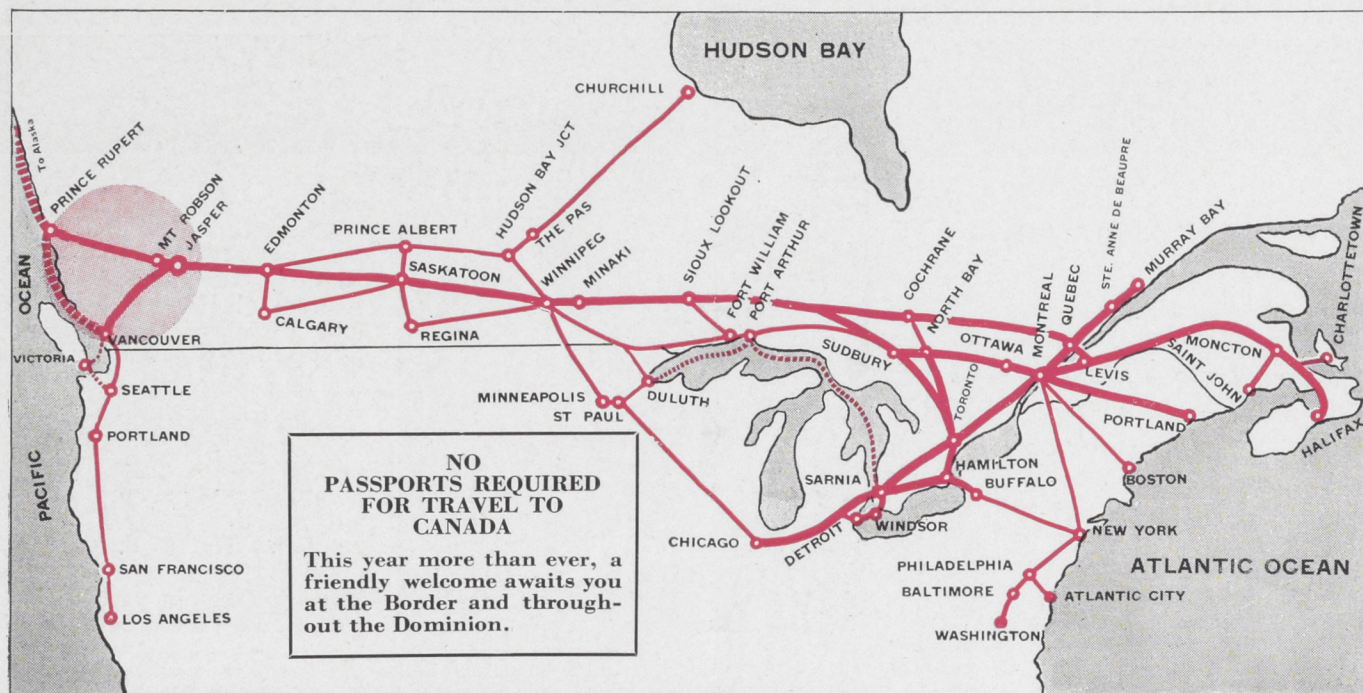
But these are softened by luxuriant pine forests; by smiling green valleys "murmurous with trout-filled streams", by the airy veils of silvery waterfalls tumbling against black precipice or green forest and tangling the rainbow in their folds; by the brilliance of alpine uplandsparkling with millions of flowers, and by innumerable magically tinted lakes. Under a sky, changing from moment to moment and from hour to hour under varying light and drifting purple cloud shadows, these are glorified at sunrise and sunset into almost unearthly beauty and transformed by moonlight into a veritable palace of dreams.



Dominating this magnificent mountain region is the "Triangle Route" of the Canadian National Railways — a 2,000 mile travel trail crossing four mighty mountain ranges by two different routes. A study of the map on the back cover depicting the topography and geography of this complex assemblage of mountain groups will show how apt is the name "Triangle Route". The easterly leg extends from Jasper — America's largest mountain park and one of the great playgrounds of the Continent—through the Yellowhead Pass, past Mount Robson, monarch of the Canadian Rockies, and down beside the roaring gorges of the Thompson and Fraser Rivers to Vancouver.

From Vancouver the westerly leg extends northward through the calm waters of the protected Inside Passage. Seaward are caught occasional glimpses of the broad Pacific, while on the landward side lies the Coast Range broken by long tenuous arms or fiords that give access to interesting fishing ports and thriving pulp and paper towns.

Eastward from Prince Rupert the train follows the Skeena, "River of Clouds," to the quaint Indian village of Kitwanga, with its fantastic totem poles. A few miles further on passengers view in silent wonder Bulkley Gate through which the river hurls itself, far below. By early morning comes once more the huge, silver crested bulk of Mount Robson and its attendant peaks. Thence the return to Jasper, the Triangle Route completed.



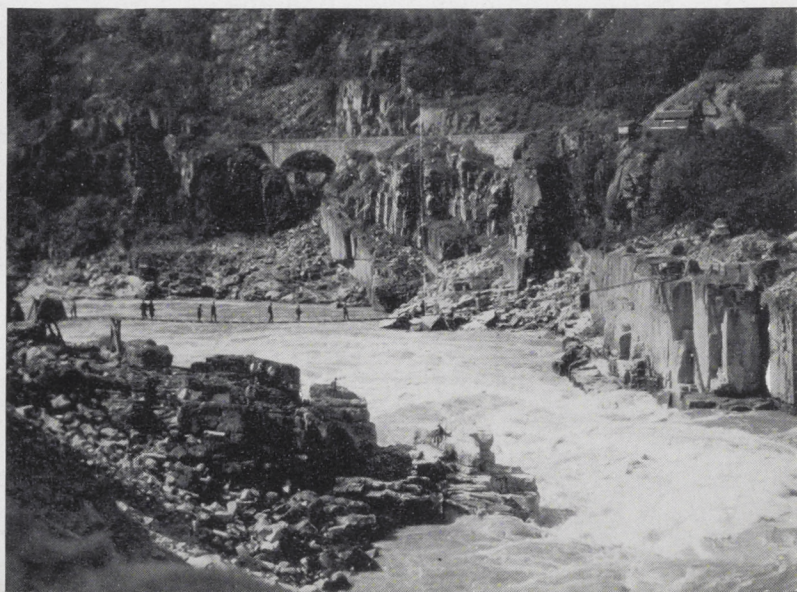
Canadian National Railways map showing principal lines and routes from Canadian and United States centres to the Canadian Rockies. The deluxe through daily train "Continental Limited" between Montreal — Toronto — Winnipeg — Jasper — Mount Robson — Vancouver carries all-steel, air conditioned equipment. On this train there is through sleeping car service between Montreal, Toronto, Vancouver. Through sleeping cars from St. Paul, routing via Winnipeg, bring United States midwest points within two days' journey of the Canadian Rockies.

Convenient schedules, comfortable trains and steamers enable the "Triangle Route" to be made in either direction, and starting at any point on the Triangle. Westbound you start at Jasper. Eastbound, you begin at Vancouver. There's a further choice. You can go clockwise or counter-clockwise around the Triangle. Either way you miss none of the highlights. Spiced with a variety of scenery and activity, it is well worth while to plan your tour ahead for the maximum of vacation pleasure. You can even include Alaska in your three weeks' vacation, if you live in the East; a fortnight will suffice if you live on the Pacific Coast!

The Across Canada route of the Canadian National Railways, though flanked by the highest peaks in the Canadian Rockies, including Mount Robson (12,972 feet), crosses the mountains at the lowest altitude and easiest gradient of all trans-continental lines. This is a factor of particular interest and importance to travellers unaccustomed to, or unable to stand, high altitudes.

Pyramid Falls, B.C.

Hell's Gate on the Fraser River



MOUNT ROBSON PARK

...
IN BRITISH COLUMBIA

...
800 sq. miles of awe inspiring grandeur
directly adjoining America's largest
mountain playground — Jasper Na-
tional Park.

...
Dominating this British Columbia forest
reserve is the magnificent Mount Robson,
the King of the Rockies, rearing its im-
ponderable mass 12,972 feet above sea level.
Unforgettable is the picture; indescribable
the thrill the scene produces.

The apex, that is so clearly silhouetted against the sky, ever
carries a glistening mantle of snow, or sometimes veils itself in
wind-swept wreaths of clouds. Mighty peaks are its courtiers,
many of which, if removed from the vicinity of Mount Robson's
tremendous bulk would in themselves be centres of attraction.
Mount Whitehorn, 11,101 feet, on the north-west face; Mount
Resplendent, 11,171 feet on the north-east face, and numerous
other peaks, form the entourage of this monarch.

The route to it from Mount Robson Station, by way of the
Grand Forks River, lovely Lake Kinney, and the Valley of a
Thousand Falls, will tax the most ample vocabulary to describe.
Every mile of the winding way opens up new vistas and brings
within the range of vision new glories in hanging glaciers, rock
walls, silver streams tumbling from dizzy heights, and more
distant peaks.

The Robson Glacier and the ice-filled basin from which it
flows extend back from the Pass summit for some five miles

Mount Robson is a climb to challenge the most intrepid mountaineer.



At the foot of Mount Robson is Berg Lake, altitude 5,500 feet, two miles long and a mile wide. This lake is dotted with icebergs, which are continually breaking away from the Tumbling Glacier.

along the eastern flank of the mountain and constitute the
Robson Cirque. The wonderful creations of ice and snow
accumulated there make the area one of the wonders of the
Canadian Rockies, and its fame has gone far and wide. The
massif with its glaciers and glacial lakes covers an area of over
thirty square miles and measures three miles through at the base.
It rises one and a half miles into the air above the summit of
the pass.

Much is expected of Mount Robson. It is the loftiest peak
in the Canadian Rockies; it has been scaled only a few times
in its tremendous history. Its beauty of form, its magnificent
armour of ice, its vast solidity—which indeed entitles it to stand
with Gibraltar as a symbol of towering strength and solidity—
makes it supreme among mountain tops.

Accommodation in Mount Robson Park

Hargreaves Bros. maintain a "Dude Ranch" at Mount Robson
and Emperor stations and a bungalow camp at Berg Lake,
as well as a complete outfit of sure-footed mountain horses and
capable guides to handle the trail riders over miles of established
trails into beautiful scenic areas.

Mount Robson Dude Ranch

The Mount Robson Dude Ranch, the buildings of which are of
log construction, is the centre or starting point for all activities in
the Mount Robson area. This Ranch is open June 15 to Sept.
15 each year.

The atmosphere of the Ranch is informal and restful. The products
of the garden and dairy, together with the home cooking and the
magnificent scenery, leave little to be desired.

Accommodation consists of: Main building, containing kitchen
and dining room, bedrooms and bathroom; heated sleeping cabin
with bedrooms and sitting room; special heated cabin with two
bedrooms, sitting room and private bathroom.





"The Niagara of the Rockies," Emperor Falls, a magnificent fall which leaps over a precipice of 500 feet.

Rates

\$45.00 per person, up, per week. This includes transfer from station, meals and accommodation and saddle horse for seven days, also the famous scenic trail trip from Mount Robson to Berg Lake and the Tumbling Glacier, accompanied by guide and returning the following day.

For those who do not desire the above special weekly combination rate the following will apply: \$5.00 per day per person, up, \$30.00 per week per person, up, American Plan. Motor transfer between stations and ranch, including hand baggage \$1.00 per person for the round trip.

Single meals: Breakfast 75c, Luncheon \$1.00, Dinner \$1.25.

What To Do in Mount Robson Park

ONE DAY TOUR No. 1—Arrive Mount Robson, transfer to Ranch and leave immediately for Berg Lake and Tumbling Glacier arriving Berg Lake Bungalow Camp in time for dinner. Remain overnight and return to Mount Robson in time to make East or Westbound train connections. Price \$25.00 per person.

TWO DAY TOUR No. 2—Arrive Mount Robson, transfer to Ranch and leave immediately for Berg Lake and the Tumbling Glacier arriving Berg Lake Bungalow Camp in time for dinner. Remain overnight. Next day take boat trip on the lake with guide to the Tumbling Glacier, one of the few of its kind in Canadian Rockies. Remain overnight and leave following morning for Mount Robson for connection with East or Westbound trains. Price \$35.00 per person.



Berg Lake camp—on the shore of Berg Lake.

THREE DAY TOUR No. 3—Arrive Mount Robson, transfer to Ranch and leave immediately for Berg Lake and the Tumbling Glacier, arriving at Berg Lake Bungalow Camp in time for dinner. Remain overnight. Following morning take boat trip on Lake with guide to Tumbling Glacier. Remain overnight and following day take all day saddle trip with guide to Coleman Ridge (lunch served on trail) to view the panorama of scenic gems in the Mount Robson area. Return to Berg Lake Bungalow Camp remain overnight and leave following day for Mount Robson to connect with East or Westbound trains. Price \$45.00 per person.

Extra days at Berg Lake Bungalow Camp \$5.00 per day per person.

The Trip to Berg Lake

One of the finest scenic trail trips in the Rockies is from Mount Robson "Dude Ranch" to Berg Lake, a distance of 16 miles, four of which are covered by automobile and twelve by saddle horse. From the cedar groves through which the trail runs, across the canyon of the Fraser River, up the banks of the Grand Fork River, which roars along over rapids and cascades to that placid sheet of water, Kinney Lake, the visitor is constantly being presented with totally different aspects of Mount Robson. From Kinney Lake the trail enters the Valley of a Thousand Falls, whose walls reach up for 6,700 feet, with waterfalls cascading down them all the way along. Over the "Flying Trestle," past White Falls, Falls of the Pool, and Emperor Falls, the last of which is visible from many points on the trail, and to the shores of Berg Lake, one is greeted by new and ever-changing scenes with each turn of the trail.

In the past it is just possible this saddle trip to Berg Lake has been regarded as one too strenuous or difficult, or as taking up more time than can be spared. The following illustrates how quickly and comfortably this scenic trail trip can be made. Guests arriving either from the east or west on Canadian National trains may leave Mount Robson Bungalow Camp immediately on arrival and arrive at Berg Lake Bungalow Camp in time for evening dinner. This is possible by using motor car for the first four miles, or almost to Kinney Lake and then saddle horse for the remaining twelve miles to Berg Lake, the entire journey being made in daylight. If necessary, the return trip can be made under the same conditions, arriving Mount Robson station in time to make outgoing trains the next day.

This scenic trail is a photographer's paradise. Mr. Hamilton Jones, of Buffalo, filmed it in color and won the first World's Amateur Motion Picture Championship with it in 1937.

Berg Lake Bungalow Camp

Berg Lake Bungalow Camp is located 5,500 feet above sea level on the shore of Berg Lake and directly opposite one of the few tumbling glaciers in the Rockies. Here good food and comfortable accommodation are available. Boating on Berg

Lake, hiking over Robson and Coleman Glaciers, many mountain climbs and hiking or saddle trips to beautiful areas high up in the passes are all possible.

For those desiring to visit Berg Lake Bungalow Camp who are not interested in foregoing Tours Nos 1, 2 and 3 covering inclusive features the regular rate of \$20.00 covering car and saddle horse (transportation only) Mount Robson to Berg Lake and return is available.

Rates at Berg Lake Bungalow Camp, \$5.00 per day or \$30.00 per week per person. American Plan.

Special accommodation and rates for large parties arranged on application.

Trips To Be Made From Berg Lake

No. 1.—All-day saddle-horse and hiking trip to Coleman Glacier, hiking up the glacier, through Snowbird Pass, crossing alpine meadows, Lynx Mountain, and returning over Robson Glacier. Price, including trail and glacier guide, also saddle-horse \$15.00 for one person; each additional person, \$5.00.

No. 2.—Five-hour saddle trip to Mural Glacier. Price, including guide, \$5.50 for one person; each additional person \$2.50.

No. 3.—All-day saddle trip to Moose Pass. Price, including guide, \$10.00 for one person; each additional person, \$5.00.

No. 4.—Half-day ride up to Mumm Basin, elevation 7,500 feet. Here may be had the finest view of Mount Robson, Mount Resplendent, Berg Lake and Lake Adolphus. Price including guide, \$5.00; each additional person, \$2.50.

No. 5.—A delightful circle trail, camping and fishing trip to Idalene Pass, and returning by a different route. This takes the tourist through nine high passes, and permits excellent fishing in three camps. All species of big game can be seen from the trail, which is as follows: To Palm Creek, 15 miles; to Smoky River flats, 13 miles; over Vimy Ridge and Byng Pass, 14 miles; Stony River, 14 miles (fishing); to Blue Creek, 14 miles (excellent fishing); over Maynard Pass to Idalene Pass, 16 miles; down the Snaring River, 16 miles (fishing); to Paint Brush Pass, 16 miles; through Grant Brook Pass (fishing), to Colonel Pass, 14 miles; to Moose River, 14 miles; to Moose Pass, 16 miles; back over Robson Pass to Berg Lake Camp, 14 miles. Time, 14 days at least. Price \$15.00 per day for one person; \$10.00 per day each additional person over two.

No. 6.—Camping trip to Jasper via Moose Pass, Colonel Creek, etc., through the famous Tonquin Valley, via Amethyst Lake, to Jasper. Time, 10 days. Price \$25.00 per day for minimum of two persons; \$10.00 per day each additional person.

Climbing

Mount Robson Park—the gem of all for Alpine climbing. This magnificent snow and ice region, containing the highest mountain in the Canadian Rockies, is without peer for the Alpinist. Within two or three miles of Berg Lake Camp are many climbs suitable for amateurs, and three or four climbs for which experienced guides are required.

Camping Trips

Camping trips of any duration can be arranged, as desired, on the basis of \$25.00 per day for two persons, and \$10.00 per day for each additional person. This includes pack and saddle-horses, guides, cook, and accommodation while on the trail and in camp.

Ideal For Hunting Big Game

A most satisfactory hunting district and one easily and quickly reached from Jasper or Robson Parks. The country harbours caribou, big-horn sheep, moose, goat, grizzly and black bear, as well as small fur-bearing animals. The guides in this territory are efficient, well equipped, and thoroughly acquainted with the district. *Enquiries should be addressed by those contemplating a hunting trip in this area to Hargreaves Bros., Mount Robson, B.C.*

Saddle and Camping Trips from Jasper National Park

VIA NORTH BOUNDARY. — That portion of Jasper Park, which lies north of the main line of the Canadian National contains numerous majestic peaks, passes that are rich in mountain flora, and an abundance of wild game, as well as good lake and stream fishing. Through this interesting country are scheduled camping trips via Rock Lake to head of the Moose River, along the upper Valley of Smoky River, to Berg Lake and on to Mount Robson station.

VIA TONQUIN VALLEY. — The trail for this 11-day camping and trail trip is over the Maccarib Pass to Tonquin Valley Camp, thence via Mount Fitzwilliam to camp at Yellowhead Pass near Lucerne. From here the trail leads to the upper waters of the Miette River, thence through Moose Pass to Calumet Creek and on through Robson Pass to camp on Berg Lake. The last lap of the trip is by Tumbling Glacier, Emperor Falls, Valley of a Thousand Falls, Kinney Lake and Grand Forks to Mount Robson Station. These trips are operated under the management of Fred Brewster's Rocky Mountain Camps Ltd., Jasper, Alta.

Reservations may be made also at Jasper Park Lodge or through Hargreaves Bros., Mount Robson, B.C.

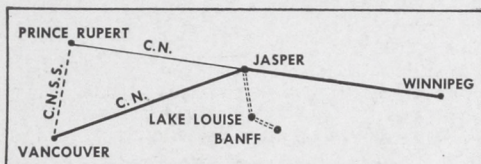
Note: In advertising the above services the Canadian National Railways act only in capacity of Agents. They have investigated the Outfitters handling these services and recommend them to guests, but do not assume any legal responsibility whatsoever in connection with their services.

Mount Robson Park is a famed big game country, harboring caribou, big horn sheep, Rocky Mountain goat, grizzly, moose, etc. (7)



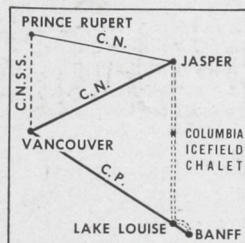
PASSENGERS MAY INCLUDE BANFF AND LAKE LOUISE IN THEIR ITINERARY ENROUTE TO, FROM OR THROUGH JASPER

In order that passengers visiting the Canadian Rockies may enjoy the scenic features of both Jasper National Park and Banff National Park, the Canadian National Railways have made arrangements whereby motor transportation between Jasper and Banff and/or Lake Louise over the famous Columbia Icefield Highway may be purchased when railway transportation is secured, thus enabling passengers to complete transportation arrangements (both rail and motor) for the entire trip at originating point.



The motor side trip over the Columbia Icefield Highway from Jasper to Lake Louise and Banff and return may be purchased in connection with your Canadian National ticket reading to or through Jasper.

Or the motor trip may be incorporated in a circle tour of the principal resorts, of the Canadian Rockies, as outlined below:



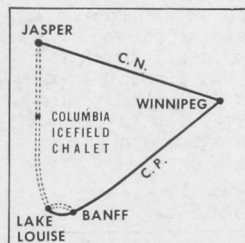
EASTBOUND FROM OR VIA VANCOUVER

Canadian National Railways to Jasper direct or via C.N.S.S. and Prince Rupert (at slight additional cost to cover meals and berth on steamer) — motor transport over Columbia Icefield Highway to Banff or Lake Louise, thence returning via Canadian Pacific Railway to Vancouver, permitting stopovers as desired enroute. This trip is also available in the opposite direction.

WESTBOUND FROM OR VIA WINNIPEG

Canadian National Railways to Jasper — motor transport over Columbia Icefield Highway to Calgary — thence Canadian National Railways to Winnipeg.

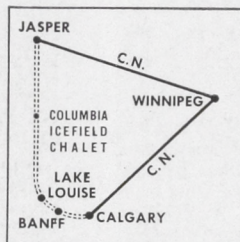
This trip is also available in the opposite direction.



WESTBOUND FROM OR VIA WINNIPEG

Canadian National Railways to Jasper — Motor Transport over Columbia Icefield Highway to Lake Louise or Banff — thence Canadian Pacific Railway to Winnipeg.

This trip is also available in the opposite direction.



TO AND FROM THE PACIFIC COAST VIA JASPER, BANFF, LAKE LOUISE

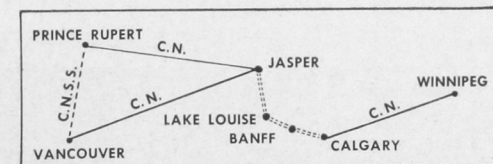
Passengers holding tickets to or from the Pacific Coast via Canadian National Railways may include the three mountain resorts of Jasper, Banff and Lake Louise, as follows:

EASTBOUND FROM OR VIA VANCOUVER

Canadian National Railways to Jasper direct or via C.N.S.S. and Prince Rupert (at slight additional cost to cover meals and berth on steamer) — motor transport to Calgary via Lake Louise and Banff thence Can. Nat. Rys.

WESTBOUND FROM OR VIA WINNIPEG

Canadian National Railways to Calgary — motor transport to Jasper via Banff and Lake Louise — thence Canadian National Railways to Vancouver direct or via C.N.S.S. and Prince Rupert (at slight additional cost to cover meals and berth on steamer). Canadian National Railways to Calgary — motor transport to Jasper via Banff and Lake Louise — thence Canadian National Railways to Vancouver direct or via C.N.S.S. and Prince Rupert (at slight additional cost to cover meals and berth on steamer).



BAGGAGE

HAND BAGGAGE will be carried free of charge on motor services between Jasper Park Lodge or Jasper, Alberta, and Lake Louise, Banff or Calgary. TRUNKS AND OTHER BAGGAGE will be checked by rail to the extent covered by rail transportation held by passengers. TRUNKS AND OTHER HEAVY BAGGAGE will be checked via truck service at the following rates, which apply between Jasper Park Lodge or Jasper and Columbia Icefield Chalet - \$1.25 per piece each way; Lake Louise - \$3.00 per piece each way; Banff - \$4.00 per piece each way.

JASPER NATIONAL PARK

4200 sq. miles of

Alpine Playgrounds

One of the world's most beautiful playgrounds — Spring, Summer, Fall or Winter. Jasper National Park has everything. Mountains, rivers, lakes, forests, glaciers and scenic beauty, and splendor unsurpassed. Four thousand, two hundred square miles in extent — the largest National Park on the Continent.

In addition to being a National Park, this area is a game preserve and wild life roam its trails in never-ending search for food, in a sense of security and freedom. Immediately outside the confines of the Park is located a big game country which attracts hunters from all parts of the world. And they all return home with excellent specimens of Big-horn Sheep, Mountain Goat, Caribou, Deer, Elk and Bear.

Jasper National Park is perhaps better known as a summer resort. Four miles from the town of Jasper is located the famous Jasper Park Lodge, with its comfortable cottages bordering the shore of sparkling Lac Beauvert. Here, the guest has a dull moment only when it is desired. There is so much to do. Fishing, trail riding, walking, swimming, boating, canoeing and dancing. Then there is tennis on specially made shale courts. Golf? What a word at Jasper! One of the greatest championship courses known to man or woman. Splendidly maintained with velvety fairways and perfect greens, it is an enjoyable test of golf for man or woman, young or old, and low or high handicapper. The annual Golf Tournament in early September, representing, as it does, the grand finale of the season's activities at Jasper Park Lodge, has now become an institution and ranks as the outstanding annual golfing event in the Pacific Northwest.

ATIONAL PARK

A fleet of well-kept and carefully-driven automobiles is on hand at the Lodge for the convenience of the guests, and a series of most interesting motor drives is available daily. An outstanding feature is the famous Columbia Icefield drive which attains its spectacular climax, 75 miles distant from Jasper, at the foot of the Athabaska glacier. Here, facing Mount Athabaska, is the Columbia Icefield chalet.

Jasper Park is the photographers' paradise — for professional and amateur. One does not have to go far from the Main Lodge to get pictures of Mule Deer browsing on the grass and amid the flower beds in the Lodge grounds; or to see a group of playful bears wrestling on the nearby fairway. The glorious coloring of the flowers stands out in marked relief against the snowcapped peaks in the background, and adds greatly to the delight of the color movie fan.

Jasper, too, has a strong appeal the year round for skiing. The glittering snowcapped mountain area with its vast glaciers in the Maligne, Tonquin Valley and the Columbia Icefield district, offers skiing during the summer as well as winter. These areas have a great variety of slopes, which range all the way from the easiest of grades for the beginner to long, steep downhill runs for the most experienced racer. In summer, the warmth of the sun makes it possible to ski without heavy clothing.

Jasper has a background of historical romance as true as it is interesting. Such explorers as Franchere, Thompson, Simpson, Douglas, Hector, de Smet and others are among those whose names have enriched history. Not least is the mysterious little man from Missouri, born Jasper Hawse, who followed the fortunes of the Northwest Trading Company to a post in what is now Jasper and was destined to have his name bequeathed to the largest playground in the world.

*Top—Mount Athabaska
and Glacier, Columbia
Icefield*

*Centre—Trail riding,
Tonquin Valley*

*Bottom—Jasper Park
Lodge*





*An 1850 mile journey by land and sea

*You can be back home in 3 weeks if you're
from the East -- a fortnight if you
live on the Pacific Coast.*

*See map of "Triangle Route" on back cover.



FIRST LEG OF THE TRIANGLE

When the Canadian National train leaves Jasper on its five hundred and thirty-five mile trip to Vancouver it climbs up to the Yellowhead Pass and the Continental Divide. Here, where Alberta meets British Columbia, the waters are parted, some to travel north to the Arctic, some to drop to the Pacific.

About 45 miles from Jasper is Red Pass Junction, the point of divergence for the two railway lines, one going up to Prince Rupert and the other down to Vancouver. They remain in sight of each other until Mount Robson is reached.

After Robson, the next great single spectacle is Pyramid Falls, thundering down three hundred feet, spreading out, in a shower of mist and rainbows, and hurtling itself almost on the railway track.

Hell's Gate on the Thompson is another sight the traveller never fails to appreciate. Eight miles of riotous turbulent water, chained between narrow rock walls, suddenly find freedom here.

En route is Kamloops, the centre of dozens of lakes, all famed fishing waters with lodges catering especially to anglers. Kamloops is also the gateway to the Okanagan Valley. Located north of Kamloops is the newly created natural park, Wells Gray, 1800 sq. miles in area. The reserve, which offers excellent fishing and hunting may also be reached from Blue River.

The more famous Hell's Gate is in the Fraser Canyon. This Canyon, south of Boston Bar, has an average depth of two hundred and fifty feet. At Hell's Gate, the waters of the mighty Fraser are forced into a channel no more than a hundred feet wide, and they lash and swirl with a dizzying speed and terrific force.

Beyond the Canyon, the Fraser runs down to the ocean, large and free, with its strength increased rather than abated, but quieter mood. It spreads out to make way for shipping at New Westminster. Now comes the city and the sea.

Left:—Fraser River, B.C. Bottom:—Cisco Bridges, B.C. (10)





Vancouver skyline.

VANCOUVER - VICTORIA

At Vancouver, you will want to make your headquarters in the new Hotel Vancouver offering the finest accommodation on the Pacific Coast. Its smart appointments and many social conveniences, all carried out in the simple, modern manner, will make your stay as exciting as "first night" performance.

From its commanding Panorama Roof you have an unsurpassed view in every direction. There is the busy harbour and, behind it, the timbered slopes of the North Shore mountains rising up to rocky crests! There is Stanley Park in the heart of the city, a thousand acres of glorious forest, the boast of all Vancouver.

Below you lies the throbbing heart of the city, a gay, cosmopolitan city at one of the world's crossroads. It has its smart shops and theatres, its Chinatown, its Japanese quarter, its colony of black-bearded, turbaned Hindus!

All summer long attractive, coastwise steamers sail on day-long trip through adjacent waters.

Victoria

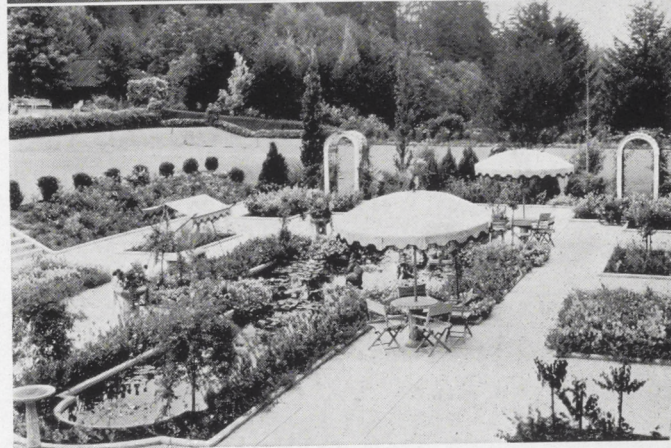
Victoria, "A Charming Bit of Old England," is a delight to the summer visitor because of its serene atmosphere.

Victoria is a "flower city." You are quick to notice its homes with their well-tailored lawns, spreading, leafy trees, neatly trimmed hedges and profusion



*Hotel Vancouver,
Vancouver, B.C.*

Operated under the joint management of the Canadian National and Canadian Pacific Railway Companies.



*Top:—Inner Harbour, Victoria.
Bottom:—In the Butchart Gardens, Victoria.*

of bloom. Victoria, too, boasts its scenic drives. The famed Butchart Gardens are the showplace of the Pacific Coast, 16 acres of glorious colour, a fairyland woven from flowers, shrubs, trees, streams and lawns. Mount Douglas Park, a seaside forest playground; Mount Tolmie Park, and the Dominion government Astrophysical Observatory, are among the many places of interest. The Malahat Drive, too, is spectacular with its pastoral scenery and marvellous vistas of forest and stream.

From July to September the bays and inlets of Vancouver Island are alive with salmon. Sea fishing is always spectacular, of course; but there is also fine stream fishing, white-water angling that will delight the fly enthusiast.

Vancouver Island is indeed Treasure Island and Victoria its fitting capital!

THE SECOND LEG OF THE TRIANGLE IS FROM VANCOUVER TO PRINCE RUPERT — A 600 MILE SAIL ON A CANADIAN NATIONAL LINER IN A SMOOTH NARROW CHANNEL OF THE PACIFIC COAST WITH MOUNTAINS GUARDING EITHER SIDE.

Cruise in comfort on the famed Inside Passage

SECOND LEG OF THE TRIANGLE

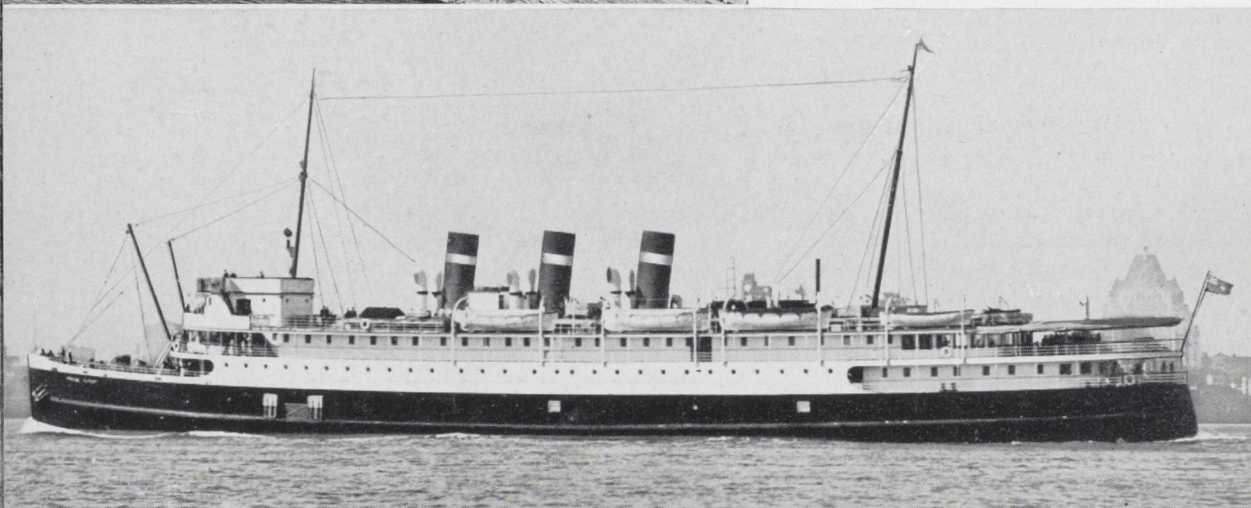
The route from Vancouver to Prince Rupert is a smooth sea voyage. To starboard lies the mainland and to larboard a long, broken, irregular chain of islands. The only open sea comes when Queen Charlotte Sound is crossed in less than two hours. A voyage, with the sea-gulls wheeling in the breeze, with a keen, salt wind to whip up an appetite for the abundance of ship's fare, with sports and long walks around the deck and dancing at night — such is the cruise between Vancouver and Prince Rupert, B.C.

Prince Rupert

With its parks and their splendid Haida totem poles, one of the world's largest cold storage plants and its wharves with their sturdy fishing craft at anchor, there is ample to see and do at Prince Rupert. Curio and souvenir hunters will find unique shops carrying a varied assortment of native Indian work and local souvenirs. Then, too, there is the Museum which contains a good collection of articles of interest.

TO ALASKA

At Prince Rupert there is an opportunity to make a side trip to Alaska in only six days' additional time, for Prince Rupert lies at the Alaska border, with Skagway only three days away by boat. Canadian National's popular Alaska steamers (all outside rooms) ply from Vancouver, and if preferred the Alaska journey may be commenced there.



Top:—Sailing sheltered seas. Centre:—Prince Rupert, B. C. Below:—S.S. "Prince George", S. S. "Prince Rupert" (sister ships).



Totems at Kitwanga, B.C.



Bulkley Gate and (below) With the Trail Riders in Tweedsmuir Park, B.C.

THIRD LEG OF THE TRIANGLE

The route from Prince Rupert to Jasper lies through a most interesting part of the country. No less than five extensive valleys are traversed. They are, in order, the Skeena, the Bulkley, the Endako, the Nechako, and the Fraser. Each is rich in scenic charm and beauty, and each has its own peculiar outstanding features.

Following the mountain-guarded Skeena, the train passes quaint fishing villages and canneries perched on piling high above the water. At Kitwanga is the site of a most interesting Indian village. Here, towering 25 to 30 feet above the surrounding dwellings are a number of totem poles which heads of families erected in the past to record their origin and prowess.

Leaving Hazelton, the valley of the Bulkley River is entered. The most memorable spectacle in the valley is Bulkley Gate, which the waters of the river hewed out, a solid rock eight feet thick. Ages ago nature built the huge rock wall blocking the valley. Today her greatest sculptor is busy with relentless force cutting the gate deeper and wider.

Leaving McBride, lofty majestic mountains, standing as worthy monuments to five great leaders, greet the eye. These are Mt. Sir John Abbott; Mt. Sir Wilfrid Laurier, Mt. Sir John Thompson; Mt. Stanley Baldwin and Mt. Sir Mackenzie Bowell. Then into view comes Mount Robson, and, in a few hours the train glides to a stop at Jasper, the end and the beginning of the great Triangle.



TWEEDSMUIR PARK

The northern entrance to Tweedsmuir Park is via Burns Lake, where a motor road leads to Ootsa Lake—the first stage of the journey for those entering the Park from its northern portal and the grand finale for those who come in from the south, of which Bella Coola is the recognized gateway. Tweedsmuir Park, of 5,000 square miles, contains some of the loveliest lakes, rivers and mountains on the continent. Burns Lake and Stuie, the latter being some 40 miles from Bella Coola, have comfortable and well equipped lodges and complete facilities for canoe and trail parties, and similar facilities are available at Ootsa Lake and Bella Coola.



ACCOMMODATION in the CANADIAN ROCKIES

Vancouver Island and the vast territory in Alberta and British Columbia embraced in the region known as the Triangle Route of the Canadian Rockies and reached by the Canadian National Railways, has long been known for its big game and fishing possibilities. In recent years there has been a great development in lodge and camp accommodation, and these will increase in number. Enumerated below are a number of the more important lodges which cater to the tourist visitor who desires not merely fishing and hunting but also the atmosphere and scenery of this rugged country as a background for his vacation.

Jasper National Park, Alberta

(See pages 8 and 9.)

Visitors to this famed vacation region will find accommodation to suit every purse and every taste. In addition to Jasper Park Lodge on Lac Beauvert (650 guests) the following hotels and camps offer excellent accommodation at reasonable rates: Athabasca, Astoria, Pyramid, Maligne Lake Tourist Camp, Medicine Lake Chalet, Maligne Lake Chalet, Y.M.C.A. Camp, Columbia Icefield Chalet, Pine Bungalow Cabins, Kiefer's Cabins, Rocky Mountain Bungalow Camps.

Outfitters are Major Fred Brewster, Jack Brewster, J. A. Hargreaves, Wilkins & Neighbor, and Stan. Kitchen. These outfitters have their headquarters at Jasper, where everything necessary is provided — guides, cooks, pack and saddle horses, camping equipment, provisions, etc.

Athabasca Forest Reserve, Alberta

Major Fred Brewster, P.O. Jasper Park, Alta., operates Brewster's Black Cat Ranch in the foothills of the Rockies on the eastern boundary of Jasper National Park, 35 miles from Jasper or six miles from Brule station, on the main line of the Canadian National Railways. Accommodation for 24 people in separate log bungalows. Miles of excellent trails, fishing, game photography; well trained mountain ponies and other facilities for extended trail trips.

Mount Robson Park, B.C.

Reference is made on pages 5, 6, 7, to accommodation in Mount Robson Park, under the management of Hargreaves Bros. These camps at Mount Robson station and Berg Lake both accommodate fifty guests and comprise comfortable log cabins suitably furnished. Passengers may detrain at Mount Robson station on the Jasper Vancouver line, or at Emperor on the Jasper-Prince Rupert line, the two stations being but a few hundred yards apart. Guides, horses, and camping equipment are obtainable, and arrangements may be made for trips of any duration. For information as to rates, etc., address Roy Hargreaves, Mount Robson.

Kamloops District, B.C.

Echo Lodge and Camps are situated on Paul Lake, twelve miles by motor car from Kamloops Station. There is excellent accommodation here, with all modern facilities. Rates and information from Mrs. J. A. Scott, Echo Lodge, Kamloops, B.C., and T. D. Costley, Rainbow Lodge, Kamloops, B.C.

Flying-U Ranch situated on the shore of Green Lake, 70 miles from Ashcroft station on C.N.R., Ranch car meets patrons at Ashcroft. Accommodation for sixty guests in attractive rustic private cabins. Activities consist of fishing, boating, riding, pack trips, polo and hunting. For further information and rates write Jack Boyd, Mgr., 70-Mile House, Cariboo Road, B.C.

100-Mile House Ranch, 87 miles north of C.N.R. station at Ashcroft on the Cariboo Road. Maximum accommodation for twenty-five persons provided in Main Lodge and three separate log cabins. Horseback riding is the main activity, others

include weekly riding tours, fishing, boating and bathing at Canim Lake, Bird shooting and big game hunting. For further information and rates write Lord Martin Cecil, 100-Mile House, B.C.

Fraser River, B.C.

Siska Lodge and Cabins, with accommodation for fifty, is situated not far from the railway line at Cisco Station. The Lodge is constructed of logs and offers very good accommodation. The surroundings are very picturesque, the Lodge being situated right in the Fraser River Valley. For rates write A. H. Gaugh, Cisco, via Lytton, P.O., B.C.

Harrison Lake District, B.C.

The Harrison Lake district centres on the forty-five mile glacial lake of the same name, set like a jewel in the coastal Range. Guarded by towering Mounts Douglas and Cheam, it provides a most attractive and scenic vacation region.

Harrison Hot Springs, internationally known as a vacation resort and health centre is close to the main line of the Canadian National Railways (sixteen miles from Chilliwack station), 75 miles from Vancouver. The Hot Springs Hotel, open the year round, is a modern hotel of brick construction and entirely fireproofed by sprinkling system, standing among acres of beautiful gardens and calm lagoons. For information communicate with Hotel Manager.

Stuart Lake District, B.C.

Douglas Lodge on Stuart Lake is reached from Vanderhoof on the C.N.R., forty-five miles north by motor road. It is three miles from the historic old fort St. James, established in 1806 by Simon Fraser, so that the visitor is on historic ground not much changed from the days of the old fur-traders. Douglas Lodge has accommodation for about fifty persons and consists of a community house and offices, bungalows, steam laundry and power house, boat house, canoe house, etc., all of log construction. Each bungalow has four double rooms, an open fireplace in the lounge, hot and cold water and shower or plunge bath. Electrically lighted throughout.

The lodge operates a fleet of motor boats and canoes, and also provides a number of pack and saddle horses for trail riding. Douglas Lodge is the gateway to some 200 miles of waterways without a portage. There is excellent fishing for Dolly Varden, rainbow, lake and Arctic trout, while the hunting consists of moose, deer, grizzly and black bear, caribou, grouse, geese and ducks. For information address the Manager, between June and October, Douglas Lodge, Fort St. James, P.O., British Columbia; from November to May, address E. G. Baynes, at Grosvenor Hotel, Vancouver.

Accommodation may be had also at Fort St. James Hotel and arrangements for hunting, fishing and canoe trips may be made through the proprietor, Fort St. James P.O., B.C.

Tweedsmuir Park, B.C.

A trip replete with interest is the 300 mile circle tour by motor boat and canoe operated by the Circle Guides and extending from Ootsa Lake by the Tahtsa and Whitesail River to Whitesail Lake. Information in regard to this trip may be obtained from J. W. McNeill; Harrison Bros.; J. E. Clark, Jr., Ootsa Lake, P.O., and B. A. Smith, prop. Lake Shore Lodge, Burns Lake, B.C.

Tweedsmuir Lodge, located 24 miles from Bella Coola on the southern boundary of Tweedsmuir Park, nestles amidst magnificent mountain scenery. Riding, hiking, fishing, hunting, etc., are a few of the activities to be enjoyed. For information and reservations communicate with T. Walker, Proprietor.

THE CONTINENTAL LIMITED

Canadian National's through daily transcontinental train offers every comfort, excellent dining car meals, thoughtful and courteous service.



1. The luxuriously appointed Observation Car.



2. Tourist cars are exceptionally comfortable.

3. The Day Coaches are spacious and comfortable.



4. Canadian National meals are delightfully prepared and served — and moderately priced.



5. Sleeping cars provide a high standard of travel comfort

CANADIAN NATIONAL RAILWAYS PASSENGER AGENCIES

CANADA AND UNITED STATES

Belleville, Ont.	243 Front St.
Boston, Mass.	186 Tremont St.
Brantford, Ont.	153 Colborne St.
Brockville, Ont.	Cor. King East and Market Sts.
Buffalo, N.Y.	22 North Division St.
Calgary, Alta.	218 Eighth Ave., West
Charlottetown, P.E.I.	C. N. Rys. Station
Chicago, Ill.	4 South Michigan Blvd.
Cincinnati, Ohio	206 Dixie Terminal Bldg.
Detroit, Mich.	1239 Washington Blvd.
Duluth, Minn.	3044 West Grand Blvd.
Edmonton, Alta.	428 West Superior St.
Guelph, Ont.	Cor. Jasper and 100th Sts.
Halifax, N.S.	91 Wyndham St.
Hamilton, Ont.	Cor. Barrington and George Sts.
Jasper, Alta.	7 James St. North
	Jasper Park Lodge

*During summer season.

Kansas City, Mo.	101 West 11th St.
Kingston, Ont.	145 Princess St.
London, Ont.	430 Richmond St.
Los Angeles, Cal.	607 South Grand Ave.
Minneapolis, Minn.	711 Marquette Ave.
Moncton, N.B.	C.N.R. Rys. Gen. office Building
Montreal, Que.	384 St. James St.
New York, N.Y.	673 Fifth Ave. at 53rd St.
North Bay, Ont.	81 Main St.
Oshawa, Ont.	3 King St. West
Ottawa, Ont.	93 Sparks St.
Peterboro, Ont.	Chateau Laurier
Philadelphia, Pa.	324 George St.
Pittsburgh, Pa.	1500 Chestnut St.
Portland, Me.	355 Fifth Ave.
Prince Rupert, B.C.	G. T. Railway Station
Quebec, Que.	528 Third Ave., East
Regina, Sask.	10 Ste. Anne St.
San Francisco, Cal.	Union Station
Saskatoon, Sask.	648 Market St.
Seattle, Wash.	C. N. Rys. Station
Sherbrooke, Que.	1329 Fourth Ave.
St. Catharines, Ont.	23 Wellington St. North
Saint John, N.B.	158 St. Paul St.
St. Louis, Mo.	49 King St.
St. Paul, Minn.	314 North Broadway
Sudbury, Ont.	R.M. E-811 First National Bank Bldg.
Toronto, Ont.	41 Durham St. South
	N.W. Cor. King and Yonge Sts.
Vancouver, B.C.	527 Granville St.
	C.N. Rys. Travel Information Bureau,
	Hotel Vancouver
Victoria, B.C.	911 Government St.
Washington, D.C.	922 15th St. N.W.
Windsor, Ont.	364 Ouellette Ave.
Winnipeg, Man.	Cor. Main St. and Portage Ave.
Woodstock, Ont.	408 Dundas St.

GREAT BRITAIN

London, S.W. 1, Eng.	17-19 Cockspur St.
London, E.C. 3, Eng.	95 Leadenhall St.
Liverpool, Eng.	19 James St.
Glasgow, C. 2, Scotland	107 Hope St.
Cardiff, Wales	35 St. Mary St.

AUSTRALIA AND NEW ZEALAND

Sydney, Australia	"Scottish House," 19 Bridge St.
Melbourne, Australia	360 Collins St.
Wellington, New Zealand	Featherston Chambers

ORIENT

Hong Kong, China	Shell House, Queen's Road
Singapore, S.S. Settlements	Hong Kong Bank Chambers
Yokohama, Japan	No. 7 Yamashita-Cho

- A. FRASER, Vice-President, Traffic Department, Montreal, Que.
 C. W. JOHNSTON, General Passenger Traffic Manager, Montreal, Que.
 A. A. GARDINER, Ass't. Gen. Pass. Traffic Manager, Montreal, Que.

In presenting the information on opposite page, the Canadian National Railways have taken every reasonable care to give authentic data. It will be readily understood the Railway is not in a position to assume responsibility for the class of accommodation provided by other than the Railway and the information is therefore given as a guide and from which the intending visitor may make his own selection. Many resorts in the Canadian Rockies, as well as the Pacific Coast tourist bureaux, issue their own literature and same will be gladly furnished by them on request.

The **FAMED TRIANGLE ROUTE** of the **CANADIAN ROCKIES**

